

HANDOUT: UNDERSTANDING DISABILITY

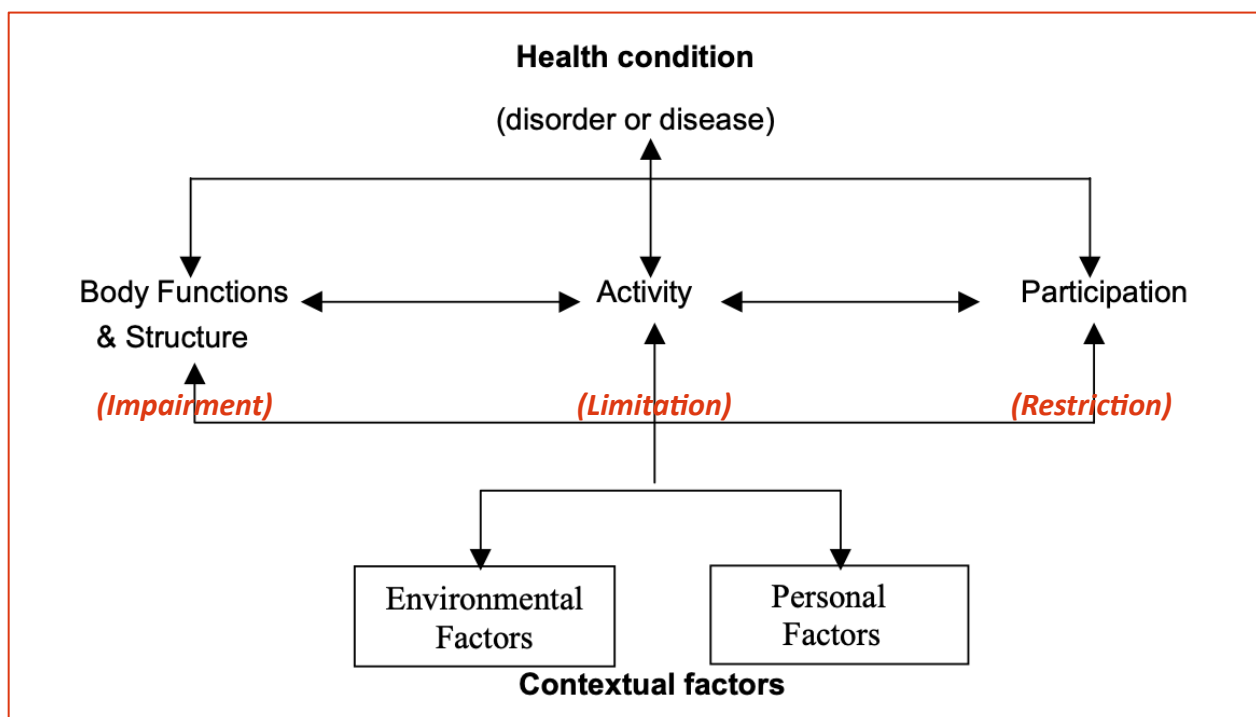
[MODULE 1: Understanding Disability and Inclusion]



Persons with disabilities are “those who have **long-term** physical, mental, intellectual or sensory **impairments**, which in interaction with various **barriers** may hinder their full and effective **participation** in society on an **equal basis with others**.”

The United Nations Convention on the Rights of Persons with Disabilities (UN CRPD), 2006

The International Classification of Functioning, Disability and Health (ICF)



World Health Organization (<https://www.who.int/classifications/icf/en/>)

Health conditions	Body functions & structures	Activity	Participation
Cerebral palsy, Down syndrome, autism, cleft lip/palate, spina bifida, intellectual disabilities, epilepsy, mobility or movement disorders, deaf or hard of hearing, blind or partially sighted	Structures: nose, mouth, brain, spinal cord, heart, nervous system, and limbs Functions: seeing, hearing, pain, sleep, attention, memory, language, digestion, muscle tone, mobility, immunity	Self-care, eating, drinking, reading, writing, speaking, walking, grasping or lifting objects, using transportation, playing a sport, socializing	Playing with friends, going to school, sharing meals with others, work and employment, accessing healthcare, community involvement
Contextual factors	Environmental: Stigma, discrimination, cultural beliefs, services, policies Personal: Gender, age, coping styles, education, finances, past experiences		